

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF March 28th – April 1st



	<u>ac</u>	parks.raieignnc.gov				-				CAME
Monday	y, March 28	B th :								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Forensics Clinic	Lunch/ Down Time	Art Project: Tissue Paper Eggs	Computers	Dragon Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Forensics Clinic	Lunch/ Down Time	Computers	Art Project: Tissue Paper Eggs	Dragon Ball	Snack/ Terminal Station	Merge with ASX
Tuesda	y, March 29	9 th : Please wear fi	eld trip shirt.							
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00		12:00-2:30		2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Bingo	Playground (Weather Permitting)	Protect the President/ Alien Invasion	P/U 12:00 PM Pullen Park 12:30pm - 2:00pm (lunch will be eaten at the park) Return to Site: 2:30 PM			Black Magic	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Bingo	Playground (Weather Permitting)	Alien Invasion/ Protect the President				Black Magic	Snack/ Terminal Station	Merge with ASX
Wedne	sday, Marc	h 30 th								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Find The Thimble	Playground (Weather Permitting)	Jeopardy	Lunch/ Down Time	Science: Walking Water	Musical Statues	Mafia	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Find The Thimble	Playground (Weather Permitting)	Jeopardy	Lunch/ Down Time	Musical Statues	Science: Walking Water	Mafia	Snack/ Terminal Station	Merge with ASX
Thursd	ay, March 3	31 st : Please wear 1	ield trip shirt.							
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00		12	:00-2:30		2:30-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Fox and the Squirrel	Playground (Weather Permitting)	Lunch/ Down Time			12:00 PM um of History		Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Fox and the Squirrel	Playground (Weather Permitting)	Lunch/ Down Time	12:30pm - 2:00pm Return to Site: 2:30 PM				Snack/ Terminal Station	Merge with ASX
Friday.	April 1 st :								•	
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Scrambled Eggs	Playground (Weather Permitting)	Parachute Games/ Concentration	Lunch/ Down Time	Shelf Ball/ Rhyme or Relate	Art Project: Hatching Chick	Scooter Hockey	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Scrambled Eggs	Playground (Weather Permitting)	Concentration/ Parachute Games	Lunch/ Down Time	Rhyme or Relate/ Shelf Ball	Scooter Hockey	Art Project: Hatching Chick	Snack/ Terminal Station	Merge with ASX



ARTS/CRAFTS

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF April 4th – April 8th



FOOD EXPERIENCE

Monday, April 4 th : If you need your child to attend at an earlier time due to afternoon appointments, please alert staff.											
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-4:00					
Group 1	Merge with BSX	Snack/ How Many Behind Me?	Playground (Weather Permitting)	Alphabet Game/ Satellite	Lunch/ Down Time	Pr	Progressive Percussion Specialist				
Group 2	Merge with BSX	Snack/ How Many Behind Me? Playground (Weather Permitting) Alphabet Game/ Satellite Lunch/ Down Time Group 1: 1:00 PM - 2:00PM Group 2: 2:00 PM - 3:00PM Group 3: 3:00 PM - 4:00PM									
Tuesda	y, April 5 th :										
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30	
Group 1	Merge with BSX	Snack/ Red Handed	Playground (Weather Permitting)	Hit it Catch it/ Bomb Ball	Lunch/ Down Time	Art Project: Popsicle Stick Chicks	Pilates Clinic	Name Ball	Snack/ Terminal Station	Merge with ASX	
Group 2	Merge with BSX	Snack/ Red Handed	Playground (Weather Permitting)	Bomb Ball/ Hit it Catch it	Lunch/ Down Time	Pilates Clinic	Art Project: Popsicle Stick Chicks	Name Ball	Snack/ Terminal Station	Merge with ASX	
Wednes	sday, April	6 th : Please wear f	field trip shirt. Chi	ldren can bring el	lectronics on	this day ONLY.	Staff are not res	ponsible for los	t or stolen items.		
	7:00-7:30	7:30 - 5:30									
Group 1	Merge with BSX	P/U 7:30 AM NC ZOO (Asheboro)									
Group 2	Merge with BSX		9:30am`- 3:30pm ´								
						ite: 5:30 PM				with ASX	
Thursd			led with special ac			brate the end of			ear. Lunch will be		
	7:00-9:00	9:00-9:30	9:30-	12:00	12:00-1:00		1:00)-3:45		3:45-6:30	
Group 1	Merge with BSX	Snack Track 4 FINALE Lunch (provided) / Down Time Carnival Games, Art, Face Unch (provided) / Down Time Outside Games:							Merge with ASX		
Group 2	Merge with BSX	Painting, Tattoos and much more!! Lunch (provided) / Down Time Lunch (provided) / Down Time Cutiside Games. Playground, Obstacle Course, Relay Races, and Counselor Challenge									
Friday,	April 8 th :										
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30	
Group 1	Merge with BSX	Snack/ In the River, On the Bank	Playground (Weather Permitting)	Science: Solar Ovens	Lunch/ Down Time	Art Project: Bird Feeders	Imagination Stations	Mum Ball	Snack/ Terminal Station	Merge with ASX	
Group 2	Merge with BSX	Snack/ In the River, On the Bank	Playground (Weather Permitting)	Science: Solar Ovens	Lunch/ Down Time	Imagination Stations	Art Project: Bird Feeders	Mum Ball	Snack/ Terminal Station	Merge with ASX	
				-			-		-		

DANCE / DRAMA / MOVEMENT

FIELD TRIP

CLINIC

SCIENCE / NATURE

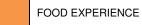


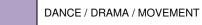
BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF April 11th – April 15th



Monday	y, April 11 th	:								James .
•	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Deck Race	Playground (Weather Permitting)	Scategories/ Hot Seat	Lunch/ Down Time	Gladiator	Science: Skittles Experiment	King of the Hill	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Deck Race	Playground (Weather Permitting)	Red Handed/ Hot Seat	Lunch/ Down Time	Science: Skittles Experiment	Gladiator	King of the Hill	Snack/ Terminal Station	Merge with ASX
Tuesda	y, April 12 ^t	h:								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Good Morning Mr. Judge	Playground (Weather Permitting)	Jump Rope Clinic	Lunch/ Down Time	Chimney Dodgeball / Magic Carpet	Field (Choice Play)	Kanga Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Good Morning Mr. Judge	Playground (Weather Permitting)	Jump Rope Clinic	Lunch/ Down Time	Magic Carpet/ Chimney Dodgeball	Field (Choice Play)	Kanga Ball	Snack/ Terminal Station	Merge with ASX
Wednes	sday, April	13 th :								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Heads Up 7 Up	Playground (Weather Permitting)	Four Square Tournament	Lunch/ Down Time	Dragon Tail (Outside)	Art Project: Rainbow Streamer	Gaga Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Heads Up 7 Up	Playground (Weather Permitting)	Four Square Tournament	Lunch/ Down Time	Art Project: Rainbow Streamer	Dragon Tail (Outside)	Gaga Ball	Snack/ Terminal Station	Merge with ASX
Thursd	ay, April 14	th.								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Name Six	Playground (Weather Permitting)	Ghost in the Graveyard/ Chief	Lunch/ Down Time	Imagination Stations	Art Project: Paper Kites	Freeze Dance	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Name Six	Playground (Weather Permitting)	Chief/ Ghost in the Graveyard	Lunch/ Down Time	Art Project: Paper Kites	Imagination Stations	Freeze Dance	Snack/ Terminal Station	Merge with ASX
Friday,	April 15 th :	Please wear field	trip shirt.							
•	7:00-9:00 9:00-11:30		•	11:30-12:00	12:00-1:00	1:00-1:45	1:45	-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	P/U 9:00AM Sky Zone		Battalion/ Personal Pinball	Lunch/ Down Time	This is a What/ Spot the Loin	- Field		Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	9:30am - Return to Si	11:00am	Persona Pinball/ Battalion	Lunch/ Down Time	Spot the Loin/ This is a What	(Choic		Snack/ Terminal Station	Merge with ASX















BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF April 18th – April 22nd



Monday, April 18th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Look Up	Playground (Weather Permitting)	Soccer Clinic	Lunch/ Down Time	Food Experiment: Apple Pie in a Cup	Computers	Bumper Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Look Up	Playground (Weather Permitting)	Soccer Clinic	Lunch/ Down Time	Computers	Food Experiment: Apple Pie in a Cup	Bumper Ball	Snack/ Terminal Station	Merge with ASX

Tuesday, April 19th:

Tuesua	y, April 19	•								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Barnyard	Playground (Weather Permitting)	Shuffle Board Tournament	Lunch/ Down Time	Disney Scene It	Line Soccer	Limbo	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Barnyard	Playground (Weather Permitting)	Shuffle Board Tournament	Lunch/ Down Time	Line Soccer	Disney Scene It	Limbo	Snack/ Terminal Station	Merge with ASX

Wednesday, April 20th:

Track 4 back in school

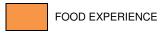
Thursday, April 21st:

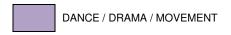
Track 4 back in school

Friday, April 22nd:

Track 4 back in school















Field Trip Information!

Pullen Park

520 Ashe Avenue, Raleigh, NC 27606 919-996-6468

At Pullen Park, participants will ride the Carousel and Train and have unlimited access to the playground.

NC Museum of History

5 East Edenton Street, Raleigh, NC 27601 919-807-7900

Campers will get up close and personal with North Carolina history through various cultural, sports, military & agricultural exhibits!

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out X-Press 919-420-2340

Director: Catherine Hooper





Field Trip Information!

NC Zoo (Asheboro)

4401 Zoo Parkway, Asheboro, NC 27205 800-488-0444

Participants will spend the day exploring the NC Zoo where they can get up close and personal with animals from both the North American and African continents! Opportunities abound to learn about all types of plants and animals, as well as wildlife conservation. Lunch will be eaten at the Zoo, so participants should pack lunch and snacks that can travel!

Special note

Children may bring their electronics for the bus ride with this field trip ONLY! Staff will not be responsible for lost or stolen items.

TOX Finale (on site)

We will celebrate the last break of the school year with the Track Out Finale! Finale activities will be held on-site including carnival games, snacks, water games and more! **Lunch will be provided at our finale celebration!**

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out X-Press 919-420-2340 Director: Catherine Hooper





Field Trip Information!

Sky Zone

2101 Westinghouse Boulevard, Raleigh, NC 27604 919-948-4450

Participants will get to experience weightless bouncing at one of Raleigh's indoor trampoline facilities. Children will have unlimited access to all jumping areas. This trip will require a waiver to be signed by each child's parent/guardian.

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out X-Press 919-420-2340 Director: Catherine Hooper





Field Trip Information!

NO FIELD TRIPS THIS WEEK!

Track 4 returns to school on Wednesday!

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

<u>Food Experience</u>—Please make staff aware of any allergies. This is not to replace the children's lunches or snacks. Please still pack their regular lunch and snacks for the day as some kids may not like what they make.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out X-Press 919-420-2340 Director: Catherine Hooper

